



BLACK SWAN

Lakeside Boutique Hotel & Spa

Massage Therapies • Body Treatments • Facials

... spoil yourself

Welcome to the Black Swan Day Spa, situated in the gorgeous Black Swan Lakeside Boutique Hotel.

With over 1 acre of beautiful mature gardens and lawn this is the perfect place to wind back and relax. Take a moment or two to enjoy your surroundings before or after your treatment, stay even longer and indulge in high tea or a taster platter with a glass of your favourite wine or juice. It is the idyllic setting to rebalance and relax.

In addition to a decadent menu of soul pleasing treatments, we offer an exciting retail range of world class skincare products.

At the Black Swan Day Spa, we use only the highest quality professional brands with the highly regarded *Gernetic* as our signature skincare brand.

All brands we use and recommend contain highly anti-ageing ingredients and give lasting results when used at home.





Massage Therapies

Hot Stone Massage – melt away tension and enjoy deeper relaxation. Evoking the aura of warmth, the deep penetrating heat from the stones is used to massage the body using traditional techniques to release muscular tension. This massage quietyens the mind, enabling the body to slip into deep relaxation.

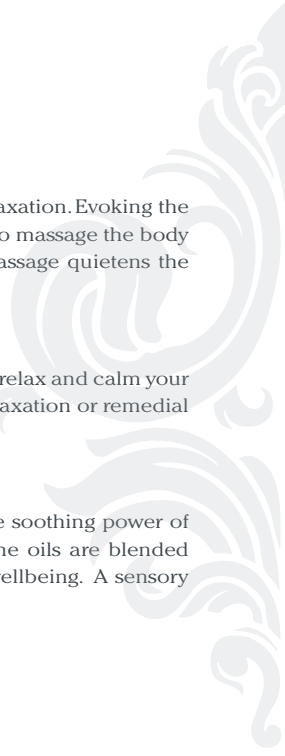
90 mins \$195 60 mins \$165

Relaxation Massage – a flowing massage technique is used to relax and calm your mind and body. This massage can be tailored to suit the level of relaxation or remedial massage you need.

90 mins \$175 60 mins \$155

Aromatherapy Massage – for a truly holistic experience, the soothing power of massage is combined with 100% pure 1st grade essential oils. The oils are blended with your specific needs in mind to bring about your enhanced wellbeing. A sensory journey for the body, mind and spirit.

90 mins \$180 60 mins \$165





Body Treatments

Layabout – after enlivening your senses with a dry body brush, your body is then coated in warm nourishing oil and wrapped in a heavenly cocoon to lock in the moisture while you enjoy a relaxing scalp massage and mini facial.

60 minutes \$170

Body Revival – relax completely with an essential oil blended full body scrub, followed by the true bliss of a full body massage. A truly great treatment to rejuvenate your mind and body.

95 minutes \$255

Body Workout – we begin with a dry body brush to promote circulation and enliven the senses. A mud mask enriched with essential oils and purifying clay is then applied to detoxify. You will then be wrapped snugly in a cocoon whilst relaxing with a luxurious conditioning head massage. Enjoy a warm shower and end your treatment with a relaxing full body massage.

120 minutes \$295

Add a 60 minute facial to any body treatment and receive a 10% discount off the total cost.

Facials

Advanced performance facial – this is high performance skin care at its best. Containing the best that nature and science have to offer to suit even the most sensitive skin, this treatment delivers skin rejuvenation with extensive massage for ultimate relaxation.

75 mins \$195

Anti-aging facial – designed for skin challenged by modern living and bursting with anti-oxidant rich vitamins and minerals and moisture loving actives, this highly anti-aging treatment regenerates skin cells and gives a healthy dewy look to the skin.

60 mins \$165

Gernetic Skin Calm Facial – this facial is pure soothing heaven for sensitive skin. Gentle massage techniques and a soothing mask help to rebalance the skin.

60 mins \$165

Red Carpet Ready – indulge in a thoroughly relaxing *Gernetic* Marine Facial that is truly a hydrating and relaxing ‘skin bath’. This is followed by the application of *The Lift* which restores elasticity, tightens and brightens the skin. An application of *Eyessential* follows to instantly erase lines, dark circles and puffiness. You are truly ‘red carpet ready’.

75 mins \$205

Men’s clear skin facial – deep cleansing, soothing and moisturising for fresh clean skin.

45 mins \$155

All facials include a skin consultation and homecare recommendations.

Packages

Inner Glow – experience the perfect treatment duo with a relaxation massage that melts away tension, including a delicious scalp massage. This is followed by an indulgent classical facial designed especially for your skin using our signature *Gernetic* skincare products.

90 mins \$190

The Be-all-End-all – the perfect way to spend your day. Begin with a full body sugar scrub then be wrapped in the warmth of a nourishing warm essential oil wrap. While you drift away you will be treated to a heavenly scalp massage. Following a lovely warm shower you will enjoy a full body moisturising massage and end with a beautiful *Gernetic* Marine Facial, a truly hydrating and relaxing 'skin bath'. This moisture treatment features active marine ingredients to combat dehydration, improve skin texture and leaves the skin looking soft and radiant.

180 mins \$375

Add a taster platter for two and beverages of your choice to any treatment for \$55

Bare Essentials

Waxing

Full leg	\$70
Upper leg	\$45
Lower leg	\$40
Under arms	\$30
Upper lip	\$20
Bikini	\$30
G-string bikini	\$40
Brazilian	\$80
Brazilian (maintenance)	\$50
Back	\$45

And the Extras

Eyelash tint	\$30
Eyebrow shape	\$35
Eyebrow tint	\$20
Eyebrow shape & tint and lash tint	\$65



Day Spa hours
Monday - Sunday
10am – 8pm

Food at the Black Swan Spa *Available before or after any of your treatments –*

High Tea, taster platters, light lunch, morning or afternoon tea. All served with complimentary tea, coffee or water. Wine list available.

Appointments

We recommend you book in advance. If you are not a guest at the Black Swan Lakeside Boutique Hotel, please have your credit card number with you at the time of booking. A credit card is required to confirm all bookings.

Scheduling is designed to permit the proper amount of time required to complete each service. Please arrive at least 15 minutes before your scheduled appointment time so that you can relax and enjoy your surroundings. We will ask you to complete a consultation form prior to your appointment and your therapist will discuss with you any concerns or questions you may have.

Privacy

The Spa is designed to provide the ultimate in comfort, relaxation and privacy. Services are performed in private rooms and your privacy is respected at all times.

For massages, facials and body treatments it is best to remove jewelry and this can be stored safely in your treatment room, along with your other personal belongings.

Cancellation Policy

Your treatment time has been reserved especially for you, however we understand that sometimes it is necessary to change an appointment. So that we may accommodate all of our guests, we ask that you provide 24 hours notice if you wish to change or cancel an appointment.

If you give less than 24 hours notice, a 50% cancellation fee will apply. Without notice the full charge of your treatment will apply.

All prices are inclusive of GST and are subject to change without notice.

www.blackswanhotel.co.nz

